



**IX REPUBLICAN CONGRESS ON ARTERIAL HYPERTENSION
AND CARDIOVASCULAR PREVENTION WITH
INTERNATIONAL PARTICIPATION**

**CARDIO
forumQZ**

«NEW HORIZONS. PROVEN PATHWAYS. CLINICAL SOLUTIONS.»

PROGRAMME

**03 – 04
SEPTEMBER**

**ALMATY, KAZAKHSTAN
2026**



CONGRESS SPEAKERS

ANDRZEJ JANUSZEWICZ

PROFESSOR, MD, PRESIDENT OF THE EUROPEAN SOCIETY OF HYPERTENSION (ESH), MEMBER OF THE POLISH ACADEMY OF ARTS AND SCIENCES (PAU), GDAŃSK, POLAND.

GUZIAL DUISENBEOVNA ABILMAZHINOVA

CAND. MED. SCI., ASSOCIATE PROFESSOR, MBA, CERTIFIED EXPERT, HEAD OF THE EDUCATIONAL AND CLINICAL CENTER, PAVLODAR BRANCH OF SEMEY MEDICAL UNIVERSITY, PAVLODAR, KAZAKHSTAN.

GULNARA GABDUALIYEVNA BEDELBAYEVA

DOCTOR OF MEDICAL SCIENCES, PROFESSOR, HEAD OF THE DEPARTMENT OF THERAPEUTIC DISCIPLINES, INSTITUTE OF CONTINUING PROFESSIONAL EDUCATION, NJSC "ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY," ALMATY, REPUBLIC OF KAZAKHSTAN.

SALIM FAKHATOVICH BERKINBAYEV

DMEDSC, PROFESSOR, PRESIDENT OF THE REPUBLICAN PUBLIC ASSOCIATION "ASSOCIATION OF CARDIOLOGISTS" OF THE REPUBLIC OF KAZAKHSTAN; HEAD OF THE DEPARTMENT OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY.

ANNA VAKHULOVA

PHD, MD, VICE-PRESIDENT OF THE NATIONAL COUNCIL OF THE SLOVAK SOCIETY OF HYPERTENSION, MEMBER OF THE NATIONAL COUNCIL OF THE SLOVAK SOCIETY OF CARDIOLOGY, NATIONAL INSTITUTE OF CARDIOVASCULAR DISEASES, DEPARTMENT OF HEART FAILURE AND HEART TRANSPLANTATION, BRATISLAVA, SLOVAKIA.

OLGA NIKOLAEVNA DZHIOEVA

DMEDSC, PROFESSOR, CARDIOLOGIST, DIRECTOR OF THE INSTITUTE OF PROFESSIONAL EDUCATION AND ACCREDITATION, NATIONAL MEDICAL RESEARCH CENTER FOR THERAPY AND PREVENTIVE MEDICINE, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION; HEAD OF THE LABORATORY OF CARDIOVASCULAR IMAGING, AUTONOMIC REGULATION AND SLEEP MEDICINE; VICE-PRESIDENT OF THE RUSSIAN SOCIETY OF PREVENTIVE AND NONCOMMUNICABLE DISEASES, MOSCOW, RUSSIAN FEDERATION.

ALIYA UTEPBAYEVNA DZHOLDASBEKOVA

DMEDSC, CHIEF CARDIOLOGIST, MEDICAL CENTER HOSPITAL OF THE ADMINISTRATIVE DEPARTMENT OF THE PRESIDENT OF THE REPUBLIC OF KAZAKHSTAN, ASTANA, KAZAKHSTAN.

CONGRESS SPEAKERS

GULNARA ALDESHOVNA DZHUNUSBKOVA

DMEDSC, PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; LEAD EXPERT AT THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

ALIKHAN KAZAKBAYEVICH DZHUSIPOV

DMEDSC, PROFESSOR, HONORARY PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

ELENA VLADIMIROVNA EGOROVA

CAND. MED. SCI., SENIOR LECTURER, POSTGRADUATE CARDIOLOGY COURSE, KAZAKHSTAN-RUSSIAN MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

RAUSHAN KANALBEKOVNA ZHARYLKASSYNOVA

HEAD OF THE REGIONAL AFFAIRS DEPARTMENT, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE, ALMATY, KAZAKHSTAN.

GYULNAR KAIRBEKOVNA ZHUSUPOVA

ZHUSUPOVA GULNAR KAIRBEKOVNA ., MD, DSC, ASSOCIATE PROFESSOR, PRESIDENT OF THE REPUBLICAN PUBLIC ASSOCIATION "KAZAKHSTAN SOCIETY OF CARDIOLOGY"

NADEZHDA EDVINOVA ZVARTAU

CAND. MED. SCI., HEAD OF THE FEDERAL PROJECTS IMPLEMENTATION DEPARTMENT, ASSOCIATE PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE, INSTITUTE OF MEDICAL EDUCATION; DEPUTY DIRECTOR GENERAL FOR REGIONAL AFFAIRS, ALMAZOV NATIONAL MEDICAL RESEARCH CENTRE, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION, ST. PETERSBURG, RUSSIAN FEDERATION.

ZHANAR ONGARBAYEVNA IBAKOVA

CAND. MED. SCI., ASSOCIATE PROFESSOR, DEPARTMENT OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

CONGRESS SPEAKERS

OLGA BORISOVNA IRTYUGA

DMEDSC, PROFESSOR, DEPARTMENT OF CARDIOLOGY, FACULTY OF POSTGRADUATE AND CONTINUING EDUCATION, INSTITUTE OF MEDICAL EDUCATION; DEPUTY DIRECTOR FOR CLINICAL AFFAIRS, INSTITUTE OF MEDICAL EDUCATION, ALMAZOV NATIONAL MEDICAL RESEARCH CENTRE, ST. PETERSBURG, RUSSIAN FEDERATION.

DZHAMILYA AKHTANOVNA KAIBULLAYEVA

CANDIDATE OF MEDICAL SCIENCES, ASSOCIATE PROFESSOR AT THE DEPARTMENT OF INTERNAL MEDICINE; DEPUTY CHAIR OF THE MANAGEMENT BOARD FOR RESEARCH, CLINICAL, AND INNOVATION ACTIVITIES AT THE RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE JSC; CHAIR OF THE "KAZAKH SCIENTIFIC SOCIETY FOR THE STUDY OF INTESTINAL DISEASES" PUBLIC FOUNDATION; ALMATY, KAZAKHSTAN.

DINA AMANGELDINOVNA KAPSULTANOVA

CAND. MED. SCI., ASSOCIATE PROFESSOR, PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

RITA ALIMBEKOVNA KASSYMALIEVA

CAND. MED. SCI., ENDOCRINOLOGIST, HIGHEST QUALIFICATION CATEGORY, SENIOR LECTURER, DEPARTMENT OF ENDOCRINOLOGY, KAZAKHSTAN-RUSSIAN MEDICAL UNIVERSITY; ECOMED CLINIC, PRIVATE CLINIC LLP, ALMATY, KAZAKHSTAN.

VASILY VASILYEVICH KASHTALAP

DMEDSC, PROFESSOR, PROFESSOR OF THE RUSSIAN ACADEMY OF SCIENCES, HEAD OF THE DEPARTMENT OF CLINICAL CARDIOLOGY, RESEARCH INSTITUTE FOR COMPLEX ISSUES OF CARDIOVASCULAR DISEASES; PROFESSOR, DEPARTMENT OF CARDIOLOGY AND CARDIOVASCULAR SURGERY, KEMEROVO STATE MEDICAL UNIVERSITY, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION, KEMEROVO, RUSSIAN FEDERATION.

KAMILA MARATOVNA KEDELBAYEVA

CARDIOLOGIST, PHD CANDIDATE, ASSISTANT PROFESSOR, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY.

AKZHAN UMIRALIYEVNA KONYSBEKOVA

CAND. MED. SCI., HEAD OF THE DEPARTMENT OF FUNCTIONAL AND ULTRASOUND DIAGNOSTICS, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE, ALMATY, KAZAKHSTAN.

CONGRESS SPEAKERS

GALINA VLADIMIROVNA KOSTROMYKINA

CARDIOLOGIST, SPECIALIST IN FUNCTIONAL DIAGNOSTICS, SUNKAR RT ONCOLOGY CENTER LLP, ALMATY, KAZAKHSTAN.

ELENA MIKHAILOVNA LARYUSHINA

CAND. MED. SCI., PROFESSOR, HEAD OF THE DEPARTMENT OF INTERNAL MEDICINE, KARAGANDA MEDICAL UNIVERSITY, KARAGANDA, KAZAKHSTAN.

MAKSIM LEONIDOVICH MAKSIMOV

DMEDSC, PROFESSOR, HEAD OF THE DEPARTMENT OF CLINICAL PHARMACOLOGY AND PHARMACOTHERAPY, KAZAN STATE MEDICAL ACADEMY, A BRANCH OF THE RUSSIAN MEDICAL ACADEMY OF CONTINUOUS PROFESSIONAL EDUCATION, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION; CHIEF FREELANCE CLINICAL PHARMACOLOGIST, MINISTRY OF HEALTH OF THE REPUBLIC OF TATARSTAN, KAZAN, RUSSIAN FEDERATION.

PROFESSOR MARKUS SCHLAICH

MD, FAHA, FESC, ISHF, DOBNEY CHAIR IN CLINICAL RESEARCH, DOBNEY HYPERTENSION CENTRE, THE UNIVERSITY OF WESTERN AUSTRALIA; CHAIR, HYPERTENSION AUSTRALIA; CO-CHAIR, NATIONAL HYPERTENSION TASKFORCE; DIRECTOR, SOUTH PACIFIC REGIONAL OFFICE, WORLD HYPERTENSION LEAGUE (WHL), PERTH, AUSTRALIA.

DILYARA MUKHTAROVNA MUKHTARKHANOVA

CARDIOLOGIST, PHD CANDIDATE, ASSISTANT PROFESSOR, DEPARTMENT OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

ZHANAR MEIRAMOVNA ORALBEKOVA

PHD, CARDIOLOGIST, HIGHEST QUALIFICATION CATEGORY, MEDICAL CENTER HOSPITAL OF THE ADMINISTRATIVE DEPARTMENT OF THE PRESIDENT OF THE REPUBLIC OF KAZAKHSTAN, ASTANA, KAZAKHSTAN.

VITALY SERGEYEVICH PAVLOV

CARDIOLOGIST, ATHEROSCLEROSIS COORDINATOR, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE, ALMATY, KAZAKHSTAN.

CONGRESS SPEAKERS

FARIDA YERASHIMOVNA RUSTAMOVA

CAND. MED. SCI., CARDIOLOGIST, ASSOCIATE PROFESSOR, PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

GALYMZHAN ASYLBEKOVICH TOGIZBAYEV

DEPUTY CHAIRMAN OF THE MANAGEMENT BOARD FOR THERAPEUTIC SERVICES AT JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE", CHAIRMAN OF THE KAZAKH COLLEGE OF RHEUMATOLOGY, VICE PRESIDENT OF APLAR, KAZAKHSTAN.

RUSTEM MUKHTAROVICH TULEUTAYEV

CAND. MED. SCI., PHD, MASTER OF PUBLIC HEALTH, CHAIRMAN OF THE MANAGEMENT BOARD, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE, ALMATY, KAZAKHSTAN.

MEIRAMGUL KAPSIMETOVNA TUNDYBAYEVA

DMEDSC, ASSOCIATE PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; HEAD OF THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; VICE-PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

ORGANIZING COMMITTEE

CHAIR

GULNARA ALDESHOVNA DZHUNUSBEKOVA

DMEDSC, PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; LEAD EXPERT AT THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

VICE-CHAIR

MEIRAMGUL KAPSIMETOVNA TUNDYBAYEVA

DMEDSC, ASSOCIATE PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; HEAD OF THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; VICE-PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

EXECUTIVE SECRETARY

KAMILA MARATOVNA KEDELBAYEVA

CARDIOLOGIST, PHD CANDIDATE, ASSISTANT PROFESSOR, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY.

ORGANIZING COMMITTEE

DILYARA MUKHTAROVNA MUKHTARKHANOVA

CARDIOLOGIST, PHD CANDIDATE, ASSISTANT PROFESSOR, DEPARTMENT OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN

ORGANIZING COMMITTEE CONTACT DETAILS

✉ EMAIL: ASHYPERTENSION.KZ@GMAIL.COM
🌐 WEBSITE: ASHYPERTENSION.KZ
📷 INSTAGRAM: [CARDIO_EXPERTS.KZ](https://www.instagram.com/CARDIO_EXPERTS.KZ)
☎ PHONE: +7 700 776 59 54

CONFERENCE SCHEDULE

3 SEPTEMBER 2026, 8:30 AM–6:25 PM

GRAND BALLROOM

8:30–9:00 AM — REGISTRATION
 9:00–10:55 AM — PLENARY SESSION
 11:00 – 11:15 AM — COFFEE BREAK
 11:15 AM–12:50 PM — SCIENTIFIC SESSIONS
 12:50–1:05 PM — MASTERCLASS
 1:05–2:00 PM — LUNCH
 2:00–4:55 PM — SCIENTIFIC SESSIONS
 4:55–5:10 PM — COFFEE BREAK
 5:10–6:25 PM — SCIENTIFIC SESSIONS

ALTYN EMEL HALL

2:00–4:00 PM — MEETING OF
 CHIEF FREELANCE
 CARDIOLOGISTS AND CHIEF
 PRIMARY HEALTH CARE
 SPECIALISTS «PRIORITY AREAS
 FOR THE DEVELOPMENT OF THE
 CARDIOVASCULAR PREVENTION
 SYSTEM IN THE REPUBLIC OF
 KAZAKHSTAN»

4 SEPTEMBER 2026, 8:00 AM–6:00 PM

GRAND BALLROOM

8:00–8:30 AM — GENERAL MEETING OF MEMBERS
 OF THE PUBLIC ASSOCIATION “SOCIETY OF
 SPECIALISTS IN ARTERIAL HYPERTENSION AND
 CARDIOVASCULAR PREVENTION”

8:30–9:00 AM — REGISTRATION
 9:00–10:50 AM — SCIENTIFIC SESSIONS
 10:50–11:05 AM — COFFEE BREAK
 11:05 AM–1:05 PM — SCIENTIFIC SESSIONS
 1:05–2:00 PM — LUNCH
 2:00–4:30 PM — SCIENTIFIC SESSIONS
 4:30–4:45 PM — COFFEE BREAK
 4:45–5:25 PM — MASTERCLASS
 5:25–6:00 PM — COMPETITION RESULTS AND
 CONGRESS CLOSING CEREMONY

ALTYN EMEL HALL

10:00 AM–12:00 PM
 CARDIOQUEST: INTERUNIVERSITY
 RESIDENTS' COMPETITION

2:00–4:00 PM
 КОНКУРС КЛИНИЧЕСКИХ СЛУЧАЕВ
 CARDIOCLINCASE: CLINICAL CASE
 COMPETITION IN ENGLISH

3 SEPTEMBER 2026,
THURSDAY

GRAND
BALLROOM



IX REPUBLICAN CONGRESS ON ARTERIAL HYPERTENSION AND CARDIOVASCULAR
PREVENTION WITH INTERNATIONAL PARTICIPATION

«CARDIOFORUMQZ»

NEW HORIZONS. PROVEN PATHWAYS. CLINICAL SOLUTIONS.

08.30 – 09:00

REGISTRATION

09:00 – 11:05

PLENARY SESSION

MODERATORS: ALIKHAN K. DZHUSIPOV, GULNARA A. DZHUNUSBKOVA,
MEIRAMGUL K. TUNDYBAYEVA

09:00 – 09:45

OPENING CEREMONY: “SETTING THE COURSE”

09:00 – 09:45

OFFICIAL OPENING

WELCOME ADDRESSES

ALIKHAN KAZAKBAYEVICH DZHUSIPOV – DMEDSC, PROFESSOR,
HONORARY PRESIDENT OF THE PUBLIC ASSOCIATION “SOCIETY OF
SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR
PREVENTION”, ALMATY, KAZAKHSTAN.

ANDRZEJ JANUSZEWICZ – PROFESSOR, MD, PRESIDENT OF THE
EUROPEAN SOCIETY OF HYPERTENSION (ESH), MEMBER OF THE POLISH
ACADEMY OF ARTS AND SCIENCES (PAU), GDAŃSK, POLAND.

RUSTEM MUKHTAROVICH TULEUTAYEV – CAND. MED. SCI., PHD, MASTER
OF PUBLIC HEALTH, CHAIRMAN OF THE MANAGEMENT BOARD,
RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE,
ALMATY, KAZAKHSTAN.

SALIM FAKHATOVICH BERKINBAYEV – DMEDSC, PROFESSOR, PRESIDENT
OF THE REPUBLICAN PUBLIC ASSOCIATION “ASSOCIATION OF
CARDIOLOGISTS” OF THE REPUBLIC OF KAZAKHSTAN; HEAD OF THE
DEPARTMENT OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL
MEDICAL UNIVERSITY.

GULNARA ALDESHOVNA DZHUNUSBKOVA – DMEDSC, PROFESSOR,
PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL
MEDICAL UNIVERSITY; LEAD EXPERT AT THE CENTER FOR ARTERIAL
HYPERTENSION AND LIPIDOLOGY, JSC “RESEARCH INSTITUTE OF
CARDIOLOGY AND INTERNAL DISEASES”; PRESIDENT OF THE PUBLIC
ASSOCIATION “SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION
AND CARDIOVASCULAR PREVENTION”, ALMATY, KAZAKHSTAN.

3 SEPTEMBER 2026,
THURSDAY

3A1
GRAND
BALLROOM



09:15 – 09:45

«THE PREVENTION ZONE: PERSONAL CHOICE AND REGIONAL LEADERSHIP»

MEIRAMGUL KAPSIMETOVNA TUNDYBAYEVA

DMEDSC, ASSOCIATE PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; HEAD OF THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; VICE-PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

HONORARY AWARD CEREMONY: "BEST PREVENTIVE CARDIOLOGY SPECIALIST 2026"

09:45 – 10:05

«HYPERTENSION WITH A RENAL FOCUS: FROM DIAGNOSIS TO A DUAL-PROTECTION STRATEGY»

GULNARA ALDESHOVNA DZHUNUSBKOVA

DMEDSC, PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; LEAD EXPERT AT THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

10:05 – 10:25

«PROMISING DIRECTIONS IN SECONDARY PREVENTION AFTER MYOCARDIAL INFARCTION: THE ROLE OF DIGITAL EDUCATIONAL TECHNOLOGIES»

VASILY VASILYEVICH KASHTALAP

DMEDSC, PROFESSOR, PROFESSOR OF THE RUSSIAN ACADEMY OF SCIENCES, HEAD OF THE DEPARTMENT OF CLINICAL CARDIOLOGY, RESEARCH INSTITUTE FOR COMPLEX ISSUES OF CARDIOVASCULAR DISEASES; PROFESSOR, DEPARTMENT OF CARDIOLOGY AND CARDIOVASCULAR SURGERY, KEMEROVO STATE MEDICAL UNIVERSITY, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION, KEMEROVO, RUSSIAN FEDERATION.

10:25 – 10:55

«A CONTEMPORARY PERSPECTIVE ON UNCONTROLLED AND RESISTANT ARTERIAL HYPERTENSION»

NADEZHDA EDVINOVNA ZVARTAU

CAND. MED. SCI., HEAD OF THE FEDERAL PROJECTS IMPLEMENTATION DEPARTMENT, ASSOCIATE PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE, INSTITUTE OF MEDICAL EDUCATION; DEPUTY DIRECTOR GENERAL FOR REGIONAL AFFAIRS, ALMAZOV NATIONAL MEDICAL RESEARCH CENTRE, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION, ST. PETERSBURG, RUSSIAN FEDERATION.

10:55 – 11:00

CARDIOQUIZ: MEDICAL QUIZ 

11:00 – 11:15

COFFEE BREAK 

11:15 – 12:15

SATELLITE SYMPOSIUM

«THE COMORBID PATIENT: AN INTEGRATED APPROACH TO
MANAGEMENT»

MODERATOR: D. A. KAIBULLAYEVA

ELENA MIKHAILOVNA LARYUSHINA

CAND. MED. SCI., PROFESSOR, HEAD OF THE DEPARTMENT OF INTERNAL MEDICINE, KARAGANDA MEDICAL UNIVERSITY, KARAGANDA, KAZAKHSTAN.

RITA ALIMBEKOVNA KASSYMALIEVA

CAND. MED. SCI., ENDOCRINOLOGIST, HIGHEST QUALIFICATION CATEGORY, SENIOR LECTURER, DEPARTMENT OF ENDOCRINOLOGY, KAZAKHSTAN-RUSSIAN MEDICAL UNIVERSITY; ECOMED CLINIC, PRIVATE CLINIC LLP, ALMATY, KAZAKHSTAN.

MEIRAMGUL KAPSIMETOVNA TUNDYBAYEVA

DMEDSC, ASSOCIATE PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; HEAD OF THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; VICE-PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

12:15 – 12:20

CARDIOROUTE: THE ENERGY ROUTE

12:20 – 12:50

«NEW PREVENTION STRATEGIES 2026»

MODERATOR: G. D. ABILMAZHINOVA

OLGA NIKOLAEVNA DZHIOYEVA

DMEDSC, PROFESSOR, CARDIOLOGIST, DIRECTOR OF THE INSTITUTE OF PROFESSIONAL EDUCATION AND ACCREDITATION, NATIONAL MEDICAL RESEARCH CENTER FOR THERAPY AND PREVENTIVE MEDICINE, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION; HEAD OF THE LABORATORY OF CARDIOVASCULAR IMAGING, AUTONOMIC REGULATION AND SOMNOLOGY; VICE-PRESIDENT OF THE RUSSIAN SOCIETY FOR PREVENTIVE AND INTEGRATIVE MEDICINE (ROPNIZ), MOSCOW, RUSSIAN FEDERATION.

12:50 – 13:05

MASTERCLASS

«NON-INVASIVE CARDIAC IMAGING: MYOCARDIAL PERFUSION
SCINTIGRAPHY»

MODERATOR: G. D. ABILMAZHINOVA

GALINA VLADIMIROVNA KOSTROMYKINA

CARDIOLOGIST, FUNCTIONAL DIAGNOSTICS PHYSICIAN, "SUNKAR" RT ONCOLOGY CENTER LLP, ALMATY, KAZAKHSTAN.

13:05 – 14:00

LUNCH

3 SEPTEMBER 2026,
THURSDAY

3AЛ
GRAND
BALLROOM

CARDIO
forumQZ



14:00 – 15:10

SATELLITE SYMPOSIUM

«CURRENT STRATEGIES IN HYPERTENSION MANAGEMENT: GUIDELINES, PROGRAMS AND FUTURE PERSPECTIVES»

MODERATORS: ANDRZEJ JANUSZEWICZ, M. K. TUNDYBAYEVA

«KEY ASPECTS OF HYPERTENSION MANAGEMENT AND RECENT UPDATES IN THE ESH GUIDELINES»

ANDRZEJ JANUSZEWICZ

PROFESSOR, MD, PRESIDENT OF THE EUROPEAN SOCIETY OF HYPERTENSION (ESH), MEMBER OF THE POLISH ACADEMY OF ARTS AND SCIENCES (PAU), GDAŃSK, POLAND.

«THE CHARTER PROGRAM FOR IMPROVING NATIONAL HYPERTENSION CONTROL: ACHIEVEMENTS AND PROSPECTS OVER 8 YEARS»

ANNA VAHULOVA

PHD, MD, VICE-PRESIDENT OF THE NATIONAL COUNCIL OF THE SLOVAK SOCIETY OF HYPERTENSION, MEMBER OF THE NATIONAL COUNCIL OF THE SLOVAK SOCIETY OF CARDIOLOGY, NATIONAL INSTITUTE OF CARDIOVASCULAR DISEASES, DEPARTMENT OF HEART FAILURE AND HEART TRANSPLANTATION, BRATISLAVA, SLOVAKIA.

«HYPERTENSION MISSION 5/50: RESULTS OF THE FIRST WAVE»

MEIRAMGUL KAPSIMETOVNA TUNDYBAYEVA

DMEDSC, ASSOCIATE PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; HEAD OF THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; VICE-PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

DISCUSSION AND Q&A

ALL SESSION SPEAKERS

CLOSING REMARKS BY THE MODERATORS



15:10 – 16:10

SATELLITE SYMPOSIUM

«ADDITIONAL OPPORTUNITIES FOR EFFECTIVE PHARMACOTHERAPY IN HIGH-RISK PATIENTS: FOCUS ON HYPERTENSION AND DYSLIPIDEMIA»

MODERATOR: E. V. EGOROVA

VASILY VASILYEVICH KASHTALAP

DMEDSC, PROFESSOR, PROFESSOR OF THE RUSSIAN ACADEMY OF SCIENCES, HEAD OF THE DEPARTMENT OF CLINICAL CARDIOLOGY, RESEARCH INSTITUTE FOR COMPLEX ISSUES OF CARDIOVASCULAR DISEASES; PROFESSOR, DEPARTMENT OF CARDIOLOGY AND CARDIOVASCULAR SURGERY, KEMEROVO STATE MEDICAL UNIVERSITY, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION, KEMEROVO, RUSSIAN FEDERATION.

16:10 – 16:50

«BETA-BLOCKERS IN THE TREATMENT OF HEART FAILURE: A PERSONALIZED APPROACH BASED ON PHENOTYPE »

MODERATOR: K. M. KEDELBAYEVA

OLGA BORISOVNA IRTYUGA

DMEDSC, PROFESSOR OF CARDIOLOGY, FACULTY OF POSTGRADUATE AND CONTINUING EDUCATION, INSTITUTE OF MEDICAL EDUCATION; DEPUTY DIRECTOR FOR CLINICAL AFFAIRS, INSTITUTE OF MEDICAL EDUCATION, ALMAZOV NATIONAL MEDICAL RESEARCH CENTRE, ST. PETERSBURG, RUSSIAN FEDERATION.

16:50 – 16:55

CARDIOROUTE: THE ENERGY ROUTE

16:55 – 17:10

COFFEE BREAK

SCIENTIFIC SESSION

«A GUIDE TO THE NEW ESC GUIDELINES IN CARDIOLOGY»

MODERATOR: V. S. PAVLOV

17:10 – 17:30

«2026 ESC GUIDELINES FOR THE MANAGEMENT OF PATIENTS WITH HEART FAILURE»

GULNAR KAIRBEKOVNA ZHUSUPOVA

ZHUSUPOVA GULNAR KAIRBEKOVNA, MD, DSC, ASSOCIATE PROFESSOR, PRESIDENT OF THE REPUBLICAN PUBLIC ASSOCIATION "KAZAKHSTAN SOCIETY OF CARDIOLOGY"

17:30 – 17:50

«2026 ESC GUIDELINES ON CARDIOVASCULAR REHABILITATION»

GUZAL DUSENBEOVNA ABILMAZHINOVA

CAND. MED. SCI., ASSOCIATE PROFESSOR, MBA, CERTIFIED EXPERT, HEAD OF THE EDUCATIONAL AND CLINICAL CENTER, PAVLODAR BRANCH, SEMEY MEDICAL UNIVERSITY, PAVLODAR, KAZAKHSTAN.

3 SEPTEMBER 2026,
THURSDAY

3AЛ
GRAND
BALLROOM

CARDIO
forumQZ



17:50 – 17:55

CARDIOQUIZ: MEDICAL QUIZ 

17:55 – 18:25

SATELLITE SYMPOSIUM

«**SYMPATHETIC HYPERACTIVATION AS A DRIVER OF
CARDIOVASCULAR, RENAL AND METABOLIC DISORDERS**»

MODERATOR: A. U. KONYSBEKOVA

MARKUS SCHLAICH

MD, FAHA, FESC, ISHF, HEAD OF CLINICAL RESEARCH, DOBNEY HYPERTENSION CENTRE, UNIVERSITY OF WESTERN AUSTRALIA; PRESIDENT, HYPERTENSION AUSTRALIA; CO-CHAIR, NATIONAL HYPERTENSION TASKFORCE; DIRECTOR, SOUTH PACIFIC REGIONAL OFFICE, WORLD HYPERTENSION LEAGUE (WHL), PERTH, AUSTRALIA.

3 SEPTEMBER 2026,
THURSDAY

ALTYN EMEL HALL

14:00 – 16:00

**MEETING OF CHIEF CARDIOLOGISTS AND CHIEF PRIMARY HEALTH CARE
SPECIALISTS «PRIORITY AREAS FOR THE DEVELOPMENT OF THE
CARDIOVASCULAR PREVENTION SYSTEM IN THE REPUBLIC OF
KAZAKHSTAN»**

MODERATORS:

RUSTEM MUKHTAROVICH TULEUTAYEV

CAND. MED. SCI., PHD, MASTER OF PUBLIC HEALTH, CHAIRMAN OF THE MANAGEMENT BOARD, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE, ALMATY, KAZAKHSTAN.

RAUSHAN KANALBEKOVNA ZHARYLKASSYNOVA

HEAD OF THE REGIONAL AFFAIRS DEPARTMENT, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE, ALMATY, KAZAKHSTAN.

14:00-14:20

**“PRIMARY HEALTH CARE IN THE CARDIOLOGICAL CARE SYSTEM:
PREVENTION, EARLY DIAGNOSIS, PATIENT REFERRAL PATHWAYS AND
CONTINUITY OF CARE”**

ZHANIYA GALYM-GALIYEVNA USENOVA

DEPUTY DIRECTOR FOR THERAPEUTIC AND PREVENTIVE CARE AT THE REPUBLICAN CENTER FOR PRIMARY HEALTH CARE OF THE MINISTRY OF HEALTHCARE OF THE REPUBLIC OF KAZAKHSTAN, AN EXPERT IN THE ORGANIZATION AND DEVELOPMENT OF PRIMARY HEALTH CARE.

3 SEPTEMBER 2026,
THURSDAY

ALTYN EMEL HALL



14:20-14:40

“ORGANIZATIONAL AND METHODOLOGICAL ACTIVITIES OF THE RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE IN THE REGIONS OF THE REPUBLIC OF KAZAKHSTAN: RESULTS, CHALLENGES AND WAYS FOR IMPROVEMENT”

RAUSHAN KANALBEKOVNA ZHARYLKASSYNOVA

HEAD OF THE REGIONAL COOPERATION DEPARTMENT OF JSC “RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE”, ALMATY, REPUBLIC OF KAZAKHSTAN.

14:40-15:00

“ORGANIZATION OF OUTPATIENT CARDIOLOGY SERVICES IN THE REPUBLIC OF KAZAKHSTAN”

AINUR TULEPBERGENOVNA TAUEKELOVA

CHIEF FREELANCE CARDIOLOGIST OF ASTANA, HEAD OF THE OUTPATIENT SERVICE OF THE UMC CORPORATE FUND.

15:00-15:20

“THE PATIENT’S CLINICAL PATHWAY: TRANSFORMATION THROUGH THE ECOSYSTEM. AN INDIVIDUALIZED APPROACH WITHIN DIGITAL REGISTRIES FOR RHEUMATOID ARTHRITIS AND ARTERIAL HYPERTENSION”

GALYMZHAN ASYLBEKOVICH TOGIZBAYEV

DEPUTY CHAIRMAN OF THE MANAGEMENT BOARD FOR THERAPEUTIC SERVICES AT JSC “RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE”, CHAIRMAN OF THE KAZAKH COLLEGE OF RHEUMATOLOGY, VICE PRESIDENT OF APLAR, KAZAKHSTAN.

15:20-15:40

“EFFECTIVE MODELS FOR POPULATION-BASED CONTROL OF ARTERIAL HYPERTENSION: GLOBAL EXPERIENCE FOR THE NATIONAL HEALTHCARE SYSTEM”

VITALIY SERGEYEVICH PAVLOV

CARDIOLOGIST AT THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY OF JSC “RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE”, REGIONAL COORDINATOR OF THE ATHEROSCLEROSIS ROADMAP FOR ALMATY, REPUBLIC OF KAZAKHSTAN.

15:40-16:00

“DISPENSARY FOLLOW-UP OF PATIENTS WITH ARTERIAL HYPERTENSION: FROM RISK FACTOR CONTROL TO THE PREVENTION OF CARDIOVASCULAR COMPLICATIONS”

GULSHAHIRA AZHIMUKHANOVNA KAMBAROVA

DIRECTOR OF CITY POLYCLINIC NO. 6, ALMATY.

DISCUSSION

SUMMARY OF THE MEETING. IDENTIFICATION OF FURTHER PRIORITIES AND AREAS FOR JOINT WORK.

4 SEPTEMBER 2026,
FRIDAY

ЗАЛ
GRAND
BALLROOM

CARDIO
forumQZ



08:00 – 08:30

MEETING OF MEMBERS OF THE PUBLIC ASSOCIATION “SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION”

08.30 – 09.00

REGISTRATION

09:00 – 09:40

PLENARY SESSION

MODERATORS: G. A. DZHUNUSBEKOVA, M. K. TUNDYBAYEVA

09:00 – 09:20

«ACHIEVING BLOOD PRESSURE CONTROL: REAL-WORLD EXPERIENCE WITH TELMISARTAN AND INDAPAMIDE»

DILYARA MUKHTAROVNA MUKHTARHANOVA

CARDIOLOGIST, PHD CANDIDATE, ASSISTANT, DEPARTMENT OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

09:20 – 09:40

«UPDATED CLINICAL GUIDANCE ON COMBINATION THERAPY FOR HYPERTENSION IN KAZAKHSTAN: FROM RECOMMENDATIONS TO THE REAL-WORLD PATIENT»

MAXIM LEONIDOVICH MAKSIMOV

DMEDSC, PROFESSOR, HEAD OF THE DEPARTMENT OF CLINICAL PHARMACOLOGY AND PHARMACOTHERAPY, KAZAN STATE MEDICAL ACADEMY, A BRANCH OF THE RUSSIAN MEDICAL ACADEMY OF CONTINUING PROFESSIONAL EDUCATION, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION; CHIEF FREELANCE CLINICAL PHARMACOLOGIST OF THE MINISTRY OF HEALTH OF THE REPUBLIC OF TATARSTAN, KAZAN, RUSSIAN FEDERATION.

09:40 – 09:45

CARDIOROUTE: THE ENERGY ROUTE

09:45 – 10:45

SATELLITE SYMPOSIUM

«BEYOND THE NUMBERS: TARGET-ORGAN CONSEQUENCES OF HYPERTENSION»

MODERATOR: M. K. TUNDYBAYEVA

«THE HEART BEYOND THE NUMBERS»

DINA AMANGELDINOVNA KAPSULTANOVA

CAND. MED. SCI., ASSOCIATE PROFESSOR, PROFESSOR OF INTERNAL MEDICINE, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

**«THE BRAIN BEYOND THE NUMBERS»****MEIRAMGUL KAPSIMETOVNA TUNDYBAYEVA**

DMEDSC, ASSOCIATE PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; HEAD OF THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; VICE-PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

«THE KIDNEYS BEYOND THE NUMBERS»**GULNAR KAIRBEKOVNA ZHUSUPOVA**

MD, DSC, ASSOCIATE PROFESSOR, PRESIDENT OF THE REPUBLICAN PUBLIC ASSOCIATION "KAZAKHSTAN SOCIETY OF CARDIOLOGY"

10:45 – 10:50**CARDIOQUIZ: MEDICAL QUIZ** **10:50 – 11:05****COFFEE BREAK** **11:05 – 12:05****SATELLITE SYMPOSIUM****«HIGH-RISK HYPERTENSION: STAYING ONE STEP AHEAD»**

MODERATOR: D. M. MUKHTARHANOVA

«EXPERIENCE II: UPDATED RESULTS OF CLINICAL STUDIES ON HYPERTENSION TREATMENT IN KAZAKHSTAN IN 2025»**DILYARA MUKHTAROVNA MUKHTARHANOVA**

CARDIOLOGIST, PHD CANDIDATE, ASSISTANT, DEPARTMENT OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

«HIGH VASCULAR RISK PATIENT – HIGH STAKES – RAPID DECISIONS»**MAXIM LEONIDOVICH MAKSIMOV**

DMEDSC, PROFESSOR, HEAD OF THE DEPARTMENT OF CLINICAL PHARMACOLOGY AND PHARMACOTHERAPY, KAZAN STATE MEDICAL ACADEMY, A BRANCH OF THE RUSSIAN MEDICAL ACADEMY OF CONTINUING PROFESSIONAL EDUCATION, MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION; CHIEF FREELANCE CLINICAL PHARMACOLOGIST OF THE MINISTRY OF HEALTH OF THE REPUBLIC OF TATARSTAN, KAZAN, RUSSIAN FEDERATION.

4 SEPTEMBER 2026,
FRIDAY

ЗАЛ
GRAND
BALLROOM

CARDIO
forumQZ



12:05 – 13:05

SATELLITE SYMPOSIUM

«THE PATH TO TARGET BLOOD PRESSURE AND ANGINA CONTROL»

MODERATOR: G. A. DZHUNUSBKOVA

«THE PATH TO TARGET BLOOD PRESSURE: HOW TO SIMPLIFY THE TREATMENT REGIMEN AND IMPROVE THE EFFECTIVENESS OF ANTIHYPERTENSIVE THERAPY».

FARIDA YERASHIMOVNA RUSTAMOVA

CAND. MED. SCI., CARDIOLOGIST, ASSOCIATE PROFESSOR, PROFESSOR OF INTERNAL MEDICINE, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, KAZAKHSTAN.

«HYPERTENSION AND CHRONIC CORONARY SYNDROME: THREE PRIORITIES IN MODERN THERAPY – RISK, HEMODYNAMICS AND SYMPTOMS»

GULNARA ALDESHOVNA DZHUNUSBKOVA

DMEDSC, PROFESSOR, PROFESSOR OF CARDIOLOGY, S. D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; LEAD EXPERT AT THE CENTER FOR ARTERIAL HYPERTENSION AND LIPIDOLOGY, JSC "RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES"; PRESIDENT OF THE PUBLIC ASSOCIATION "SOCIETY OF SPECIALISTS IN ARTERIAL HYPERTENSION AND CARDIOVASCULAR PREVENTION", ALMATY, KAZAKHSTAN.

13:05 – 14:00

LUNCH

SCIENTIFIC SESSION

«A GUIDE TO THE NEW ESC GUIDELINES IN CARDIOLOGY»

MODERATOR: V. S. PAVLOV

14:00 – 14:20

«ESC 2026 GUIDELINES FOR THE MANAGEMENT OF PATIENTS WITH CARDIOVASCULAR DISEASE AND CHRONIC KIDNEY DISEASE»

ZHANAR MEIRAMOVNA ORALBEKOVA

PHD, SENIOR CATEGORY CARDIOLOGIST, HOSPITAL OF THE MEDICAL CENTER OF THE ADMINISTRATION OF THE PRESIDENT OF THE REPUBLIC OF KAZAKHSTAN, ASTANA, KAZAKHSTAN.

14:20 – 14:40

«FIFTH UNIVERSAL DEFINITION OF MYOCARDIAL INFARCTION (2026): KEY CHANGES AND THEIR CLINICAL IMPLICATIONS»

VITALY SERGEEVICH PAVLOV

CARDIOLOGIST, ATHEROSCLEROSIS COORDINATOR, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL MEDICINE, ALMATY, KAZAKHSTAN.

4 SEPTEMBER 2026,
FRIDAY

3AЛ
GRAND
BALLROOM

CARDIO
forumQZ



14:40 – 15:10

SATELLITE SYMPOSIUM

«CONTEMPORARY BIOMARKERS IN CARDIOLOGY: FROM DIAGNOSIS TO PERSONALIZED PATIENT MANAGEMENT»

MODERATOR: ZH. O. IBAKOVA

«NT-PROBNP IN THE MANAGEMENT OF PATIENTS WITH CHRONIC HEART FAILURE: FROM DIAGNOSIS TO TREATMENT MONITORING»

GULNAR KAIRBEKOVNA ZHUSUPOVA

MD, DSC, ASSOCIATE PROFESSOR, PRESIDENT OF THE REPUBLICAN PUBLIC ASSOCIATION "KAZAKHSTAN SOCIETY OF CARDIOLOGY"

15:10 – 15:40

«LP(A): FROM AN UNDERESTIMATED MARKER TO A CLINICAL PRIORITY»

ZHANAR MEIRAMOVNA ORALBEKOVA

PHD, SENIOR CATEGORY CARDIOLOGIST, HOSPITAL OF THE MEDICAL CENTER OF THE ADMINISTRATION OF THE PRESIDENT OF THE REPUBLIC OF KAZAKHSTAN, ASTANA, KAZAKHSTAN.

15:40 – 15:45

CARDIOROUTE: THE ENERGY ROUTE

15:45 – 16:05

SYMPOSIUM

«STRATEGIES FOR IMPROVING PROGNOSIS IN CARDIOLOGY: CONTEMPORARY CLINICAL SOLUTIONS»

MODERATOR: G. G. BEDELBAEVA

«THE METABOLIC DUO: HYPERURICEMIA AND HYPERCHOLESTEROLEMIA IN THE CARDIOLOGIST'S FOCUS»

ALIYA UTEPBAEVNA DZHOLDASBEKOVA

DMEDSC, CHIEF CARDIOLOGIST, HOSPITAL OF THE MEDICAL CENTER OF THE ADMINISTRATION OF THE PRESIDENT OF THE REPUBLIC OF KAZAKHSTAN, ASTANA, KAZAKHSTAN.

16:05 – 16:25

«NO-COMPROMISE PROGNOSIS: CONTEMPORARY MANAGEMENT OPTIONS FOR ATRIAL FIBRILLATION»

GULNARA GABDUALIEVNA BEDELBAEVA

DOCTOR OF MEDICAL SCIENCES, PROFESSOR, HEAD OF THE DEPARTMENT OF THERAPEUTIC DISCIPLINES, INSTITUTE OF CONTINUING PROFESSIONAL EDUCATION, NJSC "ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY," ALMATY, REPUBLIC OF KAZAKHSTAN.

4 SEPTEMBER 2026,
FRIDAY

3AЛ
GRAND
BALLROOM

CARDIO
forumQZ



16:25 – 16:30

CARDIOQUIZ: MEDICAL QUIZ 

16:30 – 16:45

COFFEE BREAK 

16:45 – 17:25

MASTER CLASS

«DIAGNOSIS OF LEFT VENTRICULAR DIASTOLIC DYSFUNCTION: NEW
RECOMMENDATIONS 2025»

MODERATOR: D. M. MUKHTARHANOVA

ELENA VLADIMIROVNA EGOROVA

CAND. MED. SCI., SENIOR LECTURER, POSTGRADUATE CARDIOLOGY COURSE, KAZAKHSTAN-RUSSIAN MEDICAL
UNIVERSITY, ALMATY, KAZAKHSTAN.

17:25 – 18:00

COMPETITION RESULTS. CONGRESS CLOSING CEREMONY

4 SEPTEMBER 2026,
FRIDAY

ALTYN EMEL HALL



10:00-12:20

RESIDENTS' COMPETITION

MODERATOR: E.N. PAKHOMENKO

JURY MEMBERS:

**VITALIY SERGEYEVICH PAVLOV,
YULIA ALEKSANDROVNA KIM,
SAKEN MURASOVICH ANARTAYEV**

LIST OF PARTICIPANTS:

TEAM "CARDIONAUTS"

KAZAKHSTAN-RUSSIAN MEDICAL UNIVERSITY,
REPUBLIC OF KAZAKHSTAN

FACULTY SUPERVISOR:

ELENA VLADIMIROVNA YEGOROVA

1. ZHANATBEK MAKSATULY ERNAZAROV
2. TEMIRBEK DARMENULY IBRASHEV
3. NURKANAT MUSAULY AMIRSHEYEV
4. NURZHAN ERZHANULY BURYSHBAYEV
5. MADIYARKYZY AIGERIM

TEAM "CARDIO EXPERTS"

KARAGANDA MEDICAL UNIVERSITY, REPUBLIC
OF KAZAKHSTAN

FACULTY SUPERVISOR:

DANA ZHUMAGALIEVNA TAIZHANOVA

1. DIANA SAIDOVNA SALEKHOVA
2. ARUZHAN ALIBIKYZY KURBANALI
3. ARSLANBEK GABITOVICH AVAZOV
4. AKEZHAN RAKHYMZHANULY ALIGUL
5. AIGANYM ERDOSKYZY MURSAL

TEAM "CARDIOTITANS"

S.D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL
UNIVERSITY, REPUBLIC OF KAZAKHSTAN

FACULTY SUPERVISOR:

KAMILYA MARATOVNA KEDELBAEVA

1. ROZALINA DILMURATKYZY MAKHMUDOVA
2. NURSULTAN NURALYULY KARIMBEKOV
3. ULZHAN TALGATKYZY DUISSEBEK
4. NURGUL BERIKBEKKYZY TOKSEIT
5. ZHIBEK NURTASKYZY BALGABAYEVA

TEAM "CARDIOLOGIC"

A.N. SYZGANOV NATIONAL SCIENTIFIC CENTER
OF SURGERY, REPUBLIC OF KAZAKHSTAN

FACULTY SUPERVISOR:

KENZHEBEK ALIBEKOVICH BIZHANOV

1. ERNUR ORAKBAY
2. NURSULTAN ALKENOV
3. MADI TOKTAROV
4. BERIK ALKE
5. BOLATBEK ORDABEK

TEAM "NOSTRESS"

S.D. ASFENDIYAROV KAZAKH NATIONAL
MEDICAL UNIVERSITY, REPUBLIC OF
KAZAKHSTAN

FACULTY SUPERVISOR:

DILYARA MUKHTAROVNA MUKHTARKHANOVA

1. ZHAYSANBEK ZHAKSYLYKULY
2. ARUZHAN TEMIRKHANKYZY BERIK
3. ZHANSAYA KALELKYZY KALEL
4. DAMIRA SANSYZBAIKYZY TORZHANOVA
5. AIDA OTKELBAEVNA SADVAKASSOVA

4 SEPTEMBER 2026,
FRIDAY

ALTYN EMEL HALL

CARDIO
forumQZ



RESIDENTS' COMPETITION PROGRAM

10:00 – 10:25

STAGE I: MEDICAL QUIZ

10:25 – 10:40

STAGE II: CLINICAL CASE ANALYSIS

10:40 – 12:20

STAGE III: CLINICAL CASE PRESENTATION

10:40 – 11:00

CLINICAL CASE “MULTIFACETED CORONARY ARTERY DISEASE”

NURKANAT MUSAULY AMIRSHEYEV

2ND-YEAR CARDIOLOGY RESIDENT, KAZAKHSTAN-RUSSIAN MEDICAL UNIVERSITY, ALMATY, REPUBLIC OF KAZAKHSTAN.

11:00 – 11:20

UNDER HIGH PRESSURE: ENDOVASCULAR TREATMENT OF TYPE IA ENDOLEAK 25 YEARS AFTER EVAR USING THE CHIMNEY TECHNIQUE

ERNUR ORAKBAY

4TH-YEAR INTERVENTIONAL ENDOVASCULAR SURGERY RESIDENT, A.N. SYZGANOV NATIONAL SCIENTIFIC CENTER OF SURGERY, ALMATY, REPUBLIC OF KAZAKHSTAN.

11:20 – 11:40

CLINICAL CASE “LIFE WITHOUT A PULSE”

DIANA SAIDOVNA SALEKHOVA

2ND-YEAR CARDIOLOGY RESIDENT, KARAGANDA MEDICAL UNIVERSITY, KARAGANDA, REPUBLIC OF KAZAKHSTAN.

11:40 – 12:00

ACUTE VALVE DISLOCATION DURING TAVI (TRANSCATHETER AORTIC VALVE IMPLANTATION)

ZHAYSANBEK ZHAKSYLYKULY

2ND-YEAR CARDIOLOGY RESIDENT, S.D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, REPUBLIC OF KAZAKHSTAN.

12:00 – 12:20

“WHEN THE HEART IS ONLY PART OF THE PROBLEM”: A COMPREHENSIVE REVASCULARIZATION STRATEGY FOR POLYVASCULAR ATHEROSCLEROSIS

ROZALINA DILMURATKYZY MAKHMUDOVA

3RD-YEAR CARDIOLOGY RESIDENT, S.D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, REPUBLIC OF KAZAKHSTAN.

4 SEPTEMBER 2026,
FRIDAY

ALTYN EMEL HALL



CLINICAL CASE COMPETITION IN ENGLISH :«CARDIOCLINCASE»

MODERATORS:

RAUSHAN SALIMGALIYEVNA MYRZASHEVA

ELMIRA BERIKBAYEVNA KULTANOVA

RISHAT ZHANATOVICH GAZEZOV

14:15 – 14:30

«BEYOND ARTERIAL HYPERTENSION: ECHOCARDIOGRAPHY IN IDENTIFYING HIDDEN CARDIOVASCULAR RISK FACTORS IN YOUNG ADULTS WITH ISCHEMIC STROKE»

UMAROVA AINUR AMANGELDIEVNA

CITY CLINICAL HOSPITAL №7, ALMATY, REPUBLIC OF KAZAKHSTAN

14:30 – 14:45

«FROM UNCONTROLLED HYPERTENSION TO CARDIAC RECOVERY: A CASE OF REVERSE REMODELING»

ZHUSSIPBEKOVA ZHANIYA

KAZAKH-RUSSIAN MEDICAL UNIVERSITY, ALMATY, REPUBLIC OF KAZAKHSTAN

14:45 – 15:00

«ELEVATED LIPOPROTEIN(A) AND ARTERIAL HYPERTENSION ACROSS THREE GENERATIONS OF ONE FAMILY: THE ROLE OF CASCADE SCREENING»

MAGAUINA AIDANA

S.D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, REPUBLIC OF KAZAKHSTAN

15:00 – 15:15

«EVERY ROAD LEADS TO THE HEART: MANAGING COMPLEX VENOUS ANATOMY DURING ATRIAL FIBRILLATION ABLATION»

KENZHEBEK ALIBEKOVICH BIZHANOV

INTERVENTIONAL ELECTROPHYSIOLOGIST, PHD, A.N. SYZGANOV NATIONAL SCIENTIFIC CENTER OF SURGERY, ALMATY, REPUBLIC OF KAZAKHSTAN

15:15 – 15:30

«WHEN PREVENTION FAILS: FROM UNCONTROLLED HYPERTENSION TO HIGH-RISK VALVE-IN-VALVE TAVI AND VA-ECMO RESCUE»

BAURZHAN AIPOV

2ND-YEAR PHD STUDENT, S.D. ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY, ALMATY, REPUBLIC OF KAZAKHSTAN